

EVALUATION OF THE ACHIEVEMENT DEVELOPMENT OF THE SEPAK TAKRAW SPORTS BRANCH AT THE PSTI IN GRESIK REGENCY

Mohammad Muhyi¹, Lukmanul Hakim², Moh. Hanafi³

Universitas PGRI Adi Buana Surabaya^{1,2,3}

muhyi@unipasby.ac.id, luqmanulhakim@unipasby.ac.id, hanafi@unipasby.ac.id

Abstract

The purpose of the study is to evaluate the implementation and achievement of the achievement fostering program in the sepak takraw sports branch in the Sepak Takraw Association of All Indonesia (PSTI) Gresik Regency, in 2024. The type of research is evaluation research, using the CIPP (Context, Input, Porcess and Product) model. The data collection technique uses questionnaires, direct observations, and documentation. The data analysis technique uses quantitative descriptive. The results of the study show that the results of the evaluation of the achievement coaching of the sepak takraw sports branch in PSTI Gresik Regency. Context, in PSTI Gresik regency has been implemented and running well, input, good. The process has been carried out and is running well. Product, achievements have been good in the last five years in the form of achievements that have been achieved, supported by championship result documents. The recommendation is directed at the development of sepak takraw not only in the archipelago but also on the mainland. The final conclusion of achievement coaching in the Sepak Takraw sports branch of PSTI Gresik Regency has gone well, but it is still based on the islands, it is necessary to carry out a combination of achievement coaching on the mainland and islands.

Keywords: *coaching, evaluation, athletes, sepak takraw*

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Correspondence Author: Luqmanul Hakim, Universitas PGRI Adi Buana Surabaya, Indonesia

E-Mail: luqmanulhakim@unipasby.ac.id

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INTRODUCTION

Achieving sports achievements in one of the sports is a pride of the hard work, discipline, and persistence of the entire team, both athletes, coaches, and administrators of sports organizations. Likewise in sports branches such as sepak takraw, various efforts are made in order to achieve the best achievements in the sport of sepak takraw. Based on the development of the achievement of sepak takraw sports in the district of the Gresik Regency Sepak Takraw Association, it still needs to be encouraged and improved in order to achieve maximum results. In

order to achieve, of course, it is very necessary to conduct an in-depth study and study in order to obtain the right results in determining the next degree.

A thorough evaluation is an important key to being able to determine the foothold of decisions that lead to the achievement of the expected goals. Evaluation is more focused on decision-making (Hasyim, Saharullah, 2021). To support the progress and improvement of the achievement of sepak takraw sports, especially in PSTI Gresik district, a thorough evaluation is very important and can be used as a foothold to determine the basics of further steps.

The progress and improvement of the achievements of sepak takraw sports must be based on the analysis of previous progress so that they can find out what are the shortcomings and advantages so that results can be obtained that can be used as a reference to determine the work program or work steps at PSTI in Gresik district in the future. The problem of this study is the overview of PSTI KONI Gresik Regency reviewed from a thorough evaluation in order to determine the next program for the advancement of sepak takraw sports achievements.

METHOD

The research method used is an evaluation research model. The choice of the type of research is in order to get an overview of PSTI KONI Gresik. The evaluation model used is CIPP which includes context, input, process, product. A fairly comprehensive evaluation model (Wijayanti, et al., 2015). The research was conducted in the Gresik Regency area on Bawean Island where there are 65 Sepak Takraw clubs that are developing. The subjects of the research are the Sepak Takraw Club on Bawean Island, Coaches, Athletes, and Senior Administrators of PSTI. The data collection technique uses interviews, questionnaires and documentation from existing clubs as well as observation with the type of observation plays a role (Sugiyono, 2016). The data analysis technique is quantitative descriptive.

RESULT AND DISCUSSION

Table 1. Context Evaluation Results: Sepak Takraw Gresik

Context	Aspects		Achievements	
	Installment- Installment (%)	Category (SBS, SB, KB, TB)	Information	
Background of PSTI Gresik Sepak Takraw Performance Development Program	3.1	Good	Well done	
Purpose of the PSTI Gresik Sepak Takraw Performance Development Program	3.0	Good	The goal has been achieved	
Implementation of PSTI Gresik Sepak Takraw Performance Development Program	3.1	Good	Running smoothly	

3.06.

The results of the overall evaluation from table 1 can be taken on average that the context is still in the good category with an average score of 3.06.

Table 2. Input Evaluation Results: Sepak Takraw Gresik

Input	Aspects		Achievements	
	Average (%)	Category (SBS, SB, KB, TB)	Information	
PSTI Gresik Sepak Takraw Coach	3.2	Good	The competence of the trainer is adequate, the trainer's certificate	
PSTI Gresik Sepak Takraw Athletes	3.0	Good	Recruitment has gone through the selection and internal championship of PSTI Gresik	
PSTI Gresik Sepak Takraw Facilities	3.1	Good	Already have facilities, and fields in each club	
Funding of Sepak Takraw PSTI Gresik	3.0	Good	It has been distributed with the established mechanism	

3.07

The results of the comprehensive evaluation from table 2 can be taken on average that the context is still in the good category with an average score of 3.07.

Table 3. Process Evaluation Results: Sepak Takraw Gresik

Aspects		Achievements	
Process	Installment- Installment (%)	Category (SBS, SB, KB, TB)	Information
PSTI Gresik Sepak Takraw Training Program	3.0	Good	The competence of the trainer is adequate, the trainer's certificate
Implementation of the PSTI Gresik Sepak Takraw Training Program	3.0	Good	Recruitment has gone through the selection and internal championship of PSTI Gresik
Monitoring the Sepak Takraw Training Program	3.1	Good	Already have facilities, and fields in each club
3.03			

The results of the comprehensive evaluation from table 3 can be taken on average that the context is still in the good category with an average score of 3.03.

Table 4. Product Evaluation Results: Sepak Takraw Gresik

Aspects		Achievements	
Product.	Installment- Installment (%)	Category (SBS, SB, KB, TB)	Information
Provincial level achievements in the last 5 years	3.0	Good	The competence of the trainer is adequate, the trainer's certificate
National level achievements in the last 5 years	3.0	Good	Recruitment has gone through the selection and internal championship of PSTI Gresik
International level achievements in the last 5 years	3.0	Good	Already have facilities, and fields in each club
3.0			

The results of the comprehensive evaluation from table 4 can be taken on average that the context is still in the good category with an average score of 3.0.

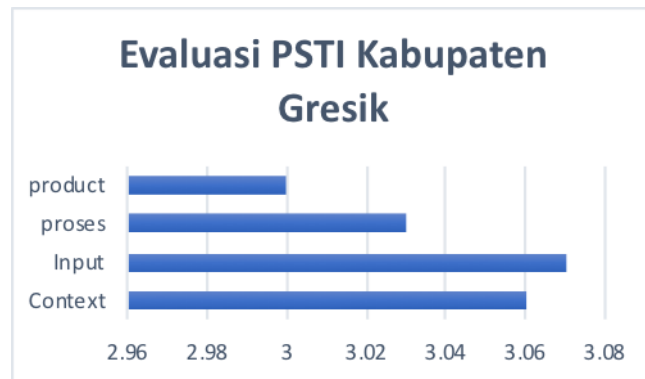


Figure 1. Results of the Evaluation of PSTI Gresik Regency

Based on the results of the analysis in four aspects of evaluation, it can be described that first, for the context aspect, the average score is 3.06., second, for the input aspect, the average score is 3.07. Third for the process aspect with an average of 3.03 and for the product aspect is an average score of 3.00. So the overall assessment result of the combined average of all aspects is 3.04. If consulted on the assessment scale for a score of three, it is in the good category.

DISCUSSION

The results of the evaluation show that on the assessment scale the overall score is three which means good, so in the context aspect of the training program that has been made, the clarity of the goal is a fundamental aspect because it concerns the expected final result. The training program carried out by athletes is designed systematically and carried out repeatedly with the aim of improving the ability to achieve achievements (Padli, et al., 2023). All the goals in PSTI are none other than to improve sports achievements in various events.

For the input aspect cannot be separated from the coach's activities, assistance to athletes by coaches, facility support and funding are very basic aspects in PSTI where this aspect is the implementation of the program. The results of the mentoring activities in the form of coaching the achievements of the Central Java women's team towards PON are still constrained by incomplete facilities and infrastructure (Hidayat R et al., 2019). The improvement of the athletes' abilities cannot be separated from the support of facilities, the quality of coaches and

programs developed by coaches. At PSTI, currently supporting both coaches, athletes and fields as well as other supporters are still quite good, which are generally concentrated on Bawean Island. Good training carried out by sepak takraw athletes in Palau Bawean, which is a training center, must continue to be improved because research shows that the existence of ideal physical ability will have an impact on achieving maximum achievement (Firdaus, et al, 2016).

To achieve maximum achievement, it is inseparable from training with good preparation and planning with maximum support. Therefore, looking at the results of research on preparation, including the selection of athletes, coaches, sports qualifications, training programs and evaluation of implementation and try outs (Wanto et al., 2022) can support the achievement of the best achievements. PSTI KONI Gresik must be able to develop stronger, dare to make more preparations with good training capacity, coach support and maximum facilities. In order to maximize results, there are several fundamental studies that can be taken into consideration. Several basic things that are considered in sports coaching need to consider the characteristics of athletes who are fostered both physically, tactical techniques, psychology, facilities and infrastructure, as well as the conditions of the coaching environment, with the aim of the coaching process towards the highest achievement. (Koesharyanto K B, (2023),

Many factors must also be considered in supporting athletes to achieve achievements. One of the considerations that must be considered is that athletes who are less psychic will affect the technique of kicktakraw when competing, and vice versa, athletes who have better psyche, will have good movement skills in the game (Anwar et al., 2021). At PSTI Gresik, it is not enough to only consider the physical aspect, including technique but also the psychological aspect that makes athletes have emotional maturity, and maturity in thinking to solve research problems, then the psychological factor is still starting to be in the spotlight to be considered.

It takes seriousness from all programs that have been designed and implemented by a trainer in compiling training programs and implementing training

programs in real training conditions (Suhdy M, Supriyadi M, 2022). Seriousness is the main key to the design of the training program, the implementation of training, and the proper use of facilities, the seriousness of training the athletes and the seriousness of the coaches including the management are the main support, this will have an impact on the maximum achievement results. PSTI Gresik will be able to improve the progress of achievements from the evaluation results, although in general it will not increase when the seriousness has not been increased.

Another support that supports the results of evaluation and is able to improve the progress of achievement achievement and maintain is none other than the sustainability of an achievement depending on the attention of the management to the athlete (Sapra, Argants, 2020). Care, care From coaches, administrators, including athletes' parents to athletes is an important part of delivering trust in athletes to be serious in training and striving to achieve the highest achievements. PSTI Gresik will continue to move forward which is on Bawean Island in general, can continue to develop with various considerations ranging from aspects of context, input, process and product, all of which require seriousness in carrying out what is planned, and planning from what will be carried out.

CONCLUSION

The evaluation of PSTI KONI Gresik in general is in the good category, starting from context, inputs, processes and products, which in its implementation still need to be supported in terms of improvement and seriousness in order to be able to achieve maximum results. The support and attention from coaches, administrators, and parents is an important part of supporting athletes to support and achieve sports achievements, especially the sport of sepak takraw in Gresik Regency for a better time.

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